

# #FridayClimateWork

**General Guidelines**  
 - Make better choices  
 - Direct your money to good corporate citizens  
 - Invest before spending (e.g. figure out what you want to spend on a holiday, spend half of that and invest the other half)

## Individual Big Steps

- Stop buying new Internal Combustion Engine (ICE) Vehicles
  - consider electric/hydrogen/hybrid if absolutely essential
  - if cost is an issue, look for a good 2nd hand car
  - need to force manufacturers to move away from ICE - if people keep buying, they'll keep selling
- Stop buying new iPhones
  - Apple pays almost no tax in Australia
  - The cost of a new iPhone can be 7+ times the cost of an alternative that essentially does the same thing
  - Buy the cheaper option and put the difference into an investment fund that invests in sustainable energy/solutions
- Get Solar Power
  - If you are a home owner, put solar panels on your roof & consider battery storage
  - If you are a renter,
    - \* ask your landlord to put solar panels on the roof - pay them an electricity bill, instead of the electricity company
    - \* see if you can invest in a community power generation project
    - \* invest in a company that builds/operates sustainable energy generation systems
- Make your home more energy efficient
  - Ensure it is insulated properly
  - Get double glazing
  - Consider adding external blinds/other forms of shading in hot climates
- Refuse to buy houses that are bad for the environment or humanity
- Move to a small town, where you can have a big impact

## Local Community Steps

- Organise rubbish clean ups
- Organise community meetings for people that don't know what you know
- Communicate to government displeasure on their policies and call them out on lies, disingenuity
- Start/participate in a community power program (e.g. <https://www.communitypowernetwork.com.au/>)

## The Big Stuff

- Fight for human equity - the poor/disadvantage/disenfranchised cannot participate effectively
- Change your job - if you work for a climate denier/environmental vandal, change the organisation, or move to a different one

## Organisations

- See "Individual Baby Steps" - can you apply these to your business?
- Look at your supply chains - are suppliers good corporate citizens?
- Lobby suppliers for less packaging
- Do you have programs for processing your products at end of life? How do you expect your clients to deal with them?
- Assist your staff to participate in #FridayClimateWork
- Buy/install a microfactory for material reprocessing
- Put solar panels on your roof, cover your car park with solar panels

## Individual Baby Steps (No significant change to lifestyle)

- Review Your Superannuation
  - look at who owns and profits from your current fund
  - discuss sustainable funds with your financial advisor
  - investigate who owns and profits from your proposed fund
  - move it to a sustainable fund
- Review your sources of news
  - Are the papers you buy owned by media moguls?
  - Is the news you trust genuine news, or opinion?
  - Do your news sources provide a balanced range of news, or just one side/limited scope?
  - Stop paying for "opinion pieces" that only represent one side of an argument
  - Consider subscribing to independent news sources such as "The Guardian"
- Investigate where you spend your money - ask the following questions?
  - Who profits from this?
  - Are those profits used to mislead or deceive?
  - Do those profits work against my core values?
  - Are the profits (or even revenue) siphoned out of the country through low taxing jurisdictions
  - Consider alternatives
- Choose sustainable product alternatives
  - biodegradable/plant based plastic ziplock and other plastic bags
  - Biodiesel, ethanol or other fuels produced from renewable sources
  - Try to substitute a few meat based meals with some vegetable based meals each week
  - Plant a vegetable garden / get some backyard chickens / run a compost bin
- Review your electricity bill & usage
  - Are you on a "green" energy plan? If not, find out what it would cost to switch and do so, if you can afford it
  - How many Kilowatt Hours per day are you using?
    - Is it more or less than the average?
  - Come up with a family game to try to reduce the amount used. Turn heaters down 1-2 degrees, air conditioners up 1-2 degrees
  - Could you do a weekly "power free day" where you turn everything but the fridge off?
  - What company do you buy your power from? Is it owned by a company in your country? Is it a good corporate citizen, or does it engage in transfer pricing to eliminate/avoid tax payable in your country
- Transport
  - Walk to the local shops/school/etc
  - Ride a bike
  - Purchase an electric bike or other micromobility device, instead of a new car
  - Hire a vehicle for long distance trips, instead of using a large car/4WD for daily commutes
- Review your bank
  - Do they do the right thing by their customers?
  - Consider switching to a customer owned model - e.g. <https://bankaust.com.au/about-us/>
- Look into subscribing to a Carbon Offset service - e.g. <http://cnf.com.au>
- Keeping up to date
  - Check out our website - [www.fridayclimatework.org](http://www.fridayclimatework.org) for tips and company research
  - Subscribe to our Facebook/Instagram/Twitter pages for updates and community chats

## Sustainable Products Directory

- Food
- Energy
- Transport
- Clothing
- General

## Sustainable/Ethical Services Directory

- Banking
- Superannuation
- Health Care
- Education
- Communications

## Unethical Organisation Directory